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TITLE: Trial of Naltrexone and Dextromethorphan for Gulf War Veterans' Illness

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## INTRODUCTION:

The purpose of the research is to study the efficacy of naltrexone and dextromethorphan for Gulf War Illness. The hypothesis to be tested is that Gulf War Illness results from low grade central nervous system inflammation. Naltrexone and Dextromethorphan were chosen for investigation due to the work of Dr. John Hong and others, that these medications modulate central nervous system inflammation.

BODY:

We are still working on the first task, which is to obtain Institutional Review Board approval for the study. We have successfully obtained approval by the East Caroline University Institutional Review Board. The Department of Defense Institutional Review Board has undertaken several protracted reviews.

#### KEY RESEARCH ACCOMPLISHMENTS:

There are no key research accomplishments because we cannot begin the research until we obtain DOD IRB approval to start the research.

REPORTABLE OUTCOMES:

None at this time.

## CONCLUSION:

It is very difficult to get IRB approval for this project, requiring multiple levels of review, each of which takes months, and each of which requires extensive clarifications, revisions, and further IRB review.